

WELCOME TO ASCENSION
SAVE YOUR PEOPLE, OH GOD, AND BLESS YOUR INHERITANCE

We are only allowing **6 people** in Church for private prayer and Liturgy

SUN	APR 19	THOMAS SUNDAY Acts 5:12-20, Jn 20:19-31
	11:00	Private Divine Liturgy for Our Parishioners, Healing of the coronavirus and all serious illnesses and + Nastia Slawuta by June Mathews
<u>Tus</u>	<u>Apr 21 8:30am</u>	Private Divine Liturgy for Our Parishioners and + Loise Polansky by Eugene Kokinda <u>9:00am-10:00am</u> Our Church open for private prayer for Protection and Healing of the coronavirus and all serious illnesses
<u>Wed</u>	<u>Apr 22 8:30am</u>	Private Divine Liturgy for Our Parishioners and +Justina Lestishock by Eugene Kokinda 9:00am-10:00am Our Church open for private prayer for Protection and Healing of the coronavirus and all serious illnesses
<u>Thu</u>	<u>Apr 23 8:30am</u>	Private Divine Liturgy for Our Parishioners and +Souls in Purgatory by Eugen Kokinda 9:00am-10:00am Our Church open for private prayer for Protection and Healing of the coronavirus and all serious illnesses 6:00pm prayer for Protection and Healing of the coronavirus and all serious illnesses by Men's Club
SUN	APR 26	SUNDAY OF THE MYRRH-BEARERS Acts 6:1-7, Mk 15:43-16
	11:00	Private Divine Liturgy for Our Parishioners and + George Mackowiec by Oksana Mackowiec

**UPCOMING LIVE FACEBOOK BROADCASTS FROM
ASCENSION BYZANTINE CATHOLIC CHURCH**

DIVINE LITURGY OF THOMAS SUNDAY- APRIL 19 AT 11:00 A.M.

Hello All!

I just wanted to let you know that the Celebration of Divine Liturgies can be accessed online through the church website. Go to www.ascensionva.org, scroll down on the Home Page and look at the items on the left side of the screen. There you will see "Liturgical Video Archive". It is here that you will find the Liturgical Videos.

Also, a reminder that **Rosary** continues on Thursdays at 6:00 as we pray for the eradication of the COVID19 Virus. It is still a **MAXIMUM OF 6 PEOPLE** at any one time in the church.

**Recommendation from Bishop concerning attending Divine
Liturgy and receiving Holy Communion.**

1. Should you stay home from Divine Liturgy? Please use your own prudence. If you believe you are sick, or you are in danger, you are dispensed from attending, and God will bless you for praying home.
2. Should you avoid receiving Holy Communion on spoon? St. Paul says about communion, "Let each one examine himself." If you believe you are sick, or that you are in danger because of weak health, and you do not receive, I promise you that God will still bless you with His abundance of graces.

Prayer to Guardian Angel

Angel of God, my guardian dear, to whom His love commits me here: ever
this day be at my side, to light and guard, to rule and guide. Amen

Prayer to Defeat the Work of Satan

O Divine Eternal Father, in union with your Divine Son and the Holy Spirit, and through the Immaculate Heart of Mary, I beg You to destroy the power of your greatest enemy- the evil spirits. Cast them into the deepest recesses of hell and chain them there forever! Take possession of Your Kingdom which You have created and which is rightfully Yours. Heavenly Father, give us the reign of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I repeat this prayer out of pure love for You, with every beat of my heart and with every breath I take. Amen (Imprimatur March 1973, +Richard H. Ackerman, Bishop of Covington)

COMMITTEES

Trustees:	Mike Olson, David Efimetz
Bible Study with Coffee:	Linda Lechman
Liturgical/Church Website:	Don Merkely
Men’s Club:	John Alexander
Outreach Cleaning:	Betty Mae Hertz
Property:	Father Alex
Publicity:	Mary Jean Sotack
Security:	Mike Olson
Secretary:	Ann Kelly
Book Keeper	Patty Dutry
Youth:	Sasha Kusno

HOSPITALITY

Please see Bulletin Board at the entrance to St Phillip’s Hall for schedule of Lectures, Financial Records and Hospitality.
NO Hospitality

FINANCIALS

Total Contributions: Easter offering – 550.00. Monthly Dues – 210.00. Offertory – 1,160.00

Enrollment for children's Eastern Catholic faith formation is still open. Ages 5-17. See Patty or Sasha.

Sanctuary Lamp:	Health and God’s Blessing for the Margan Family Requested by Katarina Margan
Sanctuary Lamp:	HGB Margan Family, Requested by Katarina Margan
Tetrapod Lamp:	BRS George and Ludmilla Mackowiec, Requested by Oksana Mackowiec
Theotokos & Child Lamp:	HGB Morgan and Kevin Kelly, Requested by Ann Kelly
Christ Teacher Lamp:	HGB Patrick Alexander, Requested by Lee and Kathy Alexander

When receiving Holy Communion, closely approach Father Alex, tell him your first name, tilt your head back, widely open your mouth (no need to extend your tongue). Father Alex will say the prayer while dropping the Precious Species into your mouth with a spoon

The Men’s Club of Ascension of Our Lord Parish announces the 2020 Scholarship Program. Candidates for the scholarship must be registered and active members of the Parish and be between the ages of 17 and 28 years old. They must have been excepted or registered at an accredited college, university or trade school for the 2020- 2021 school term. For a complete list of guidelines and an application please contact Michael Lechman at 757-880-5093.
Strict deadline for all applications is June 28, 2020.
Scholarships winners will be announced later in the summer.

HAPPY APRIL BIRTHDAYS

2nd William Fetsko
3rd Andriana Shockley
5th Anya Bobrinskaya Hunter
17th Anna Baysura
22nd Jim Hoolan
22nd Aurora DaQuilanea
24th Nadia Hunter
28th Betta Labanish

APRIL EVENTS

NO

Spiritual Communion

O Jesus, I turn toward the holy tabernacle where you live hidden for love of me. I love You, O my God, I cannot receive You in Holy Communion. Come, nevertheless, and visit me with Your grace. Come spiritually into my heart. Purify it. Sanctify it. Render it like unto Your own. Amen.

New Information:

Are you aware of any organization or church that is selling used church pews? Desired length 12 feet. If so, please speak to Father or a Trustee.

Nadia Shockley's Father, Roman Slysh, is seeking a caregiver to live with him in his beautiful lake home in Raleigh, NC. Mr. Slysh is a healthy 93-year-old of Ukrainian descent. He is seeking a lady of Eastern European descent to live with him and fulfill duties of cooking, cleaning, and companionship. Mr. Slysh is healthy, drives, and leads an active life. He is active in the Ukrainian Catholic church in Raleigh. If anyone has any possible contacts, please contact Nadia Shockley at 757-867-0882 or nadiashockley62@gmail.com

Prayer for Strength

"Holy Spirit, I need You more than ever right now. My heart is hurting, and I feel overwhelmed with loneliness. At this moment, I welcome Your presence, Your peace, and Your love. Thank You for filling me with Your overwhelming comfort, holding me in Your arms and surrounding me with Your healing love. Your Word says that because I'm Your child when I hurt, You hurt too. Thank You for caring about every single detail of my life, wiping away my tears, and for always being here for me. I love You, Lord. In Jesus' name, Amen."

Prayer for Children

Father of us all, I commend these children (or this child) To Your care. Be their God and Father and mercifully provide whatever I lack through my own frailty and weakness. Give them the strength to overcome temptations and corruptions, and deliver them from the pressures, fears, anxieties and emotional upheavals that seem so omnipresent in their young lives. Help them grow each day in knowledge and in reverence, faithfully serving You and learning how to walk every day in Your light In this and all things I humbly pray in His holy name, Amen.

Miracle Prayer

Father I come to You through Your Son Jesus just as I am. I repent of my sins. In Your name, I forgive all others for what they have done against me. I renounce Satan, all evil spirits, and their works. I give my entire self to you Lord Jesus, now and forever. I invite you into my life Jesus. I accept you as my Lord, God, and Savior. Heal me, change me, strengthen me in body, soul, and spirit. Come Lord Jesus, cover me with your precious blood and fill me with your Holy Spirit. I ask you to go before me today and prepare the way in Jesus name. I thank you Jesus. I shall follow you every day of my life. Romans 10:9,10.
Now Jesus you live in me and I live in you. Amen. 1 John 5:12,13.

ANIMA CHRISTI

(Favorite prayer of St. Ignatius Loyola)

SOUL OF CHRIST, SANCTIFY ME.

BODY OF CHRIST, SAVE ME.

BLOOD OF CHRIST, INEBRIATE ME.

WATER FROM THE SIDE OF CHRIST, WASH ME.

PASSION OF CHRIST, STRENGTH ME.

O GOOD JESUS, HEAR ME.

WITHIN THY WOUNDS HIDE ME.

SUFFER ME NOT TO BE SEPARATED FROM THEE.

FROM THE MALIGNANT ENEMY, DEFEND ME.

IN THE HOUR OF MY DEATH, CALL ME.

AND BID ME COME TO THEE.

THAT WITH THY SAINTS I MAY PRAISE THEE,

FOREVER AND EVER, AMEN.